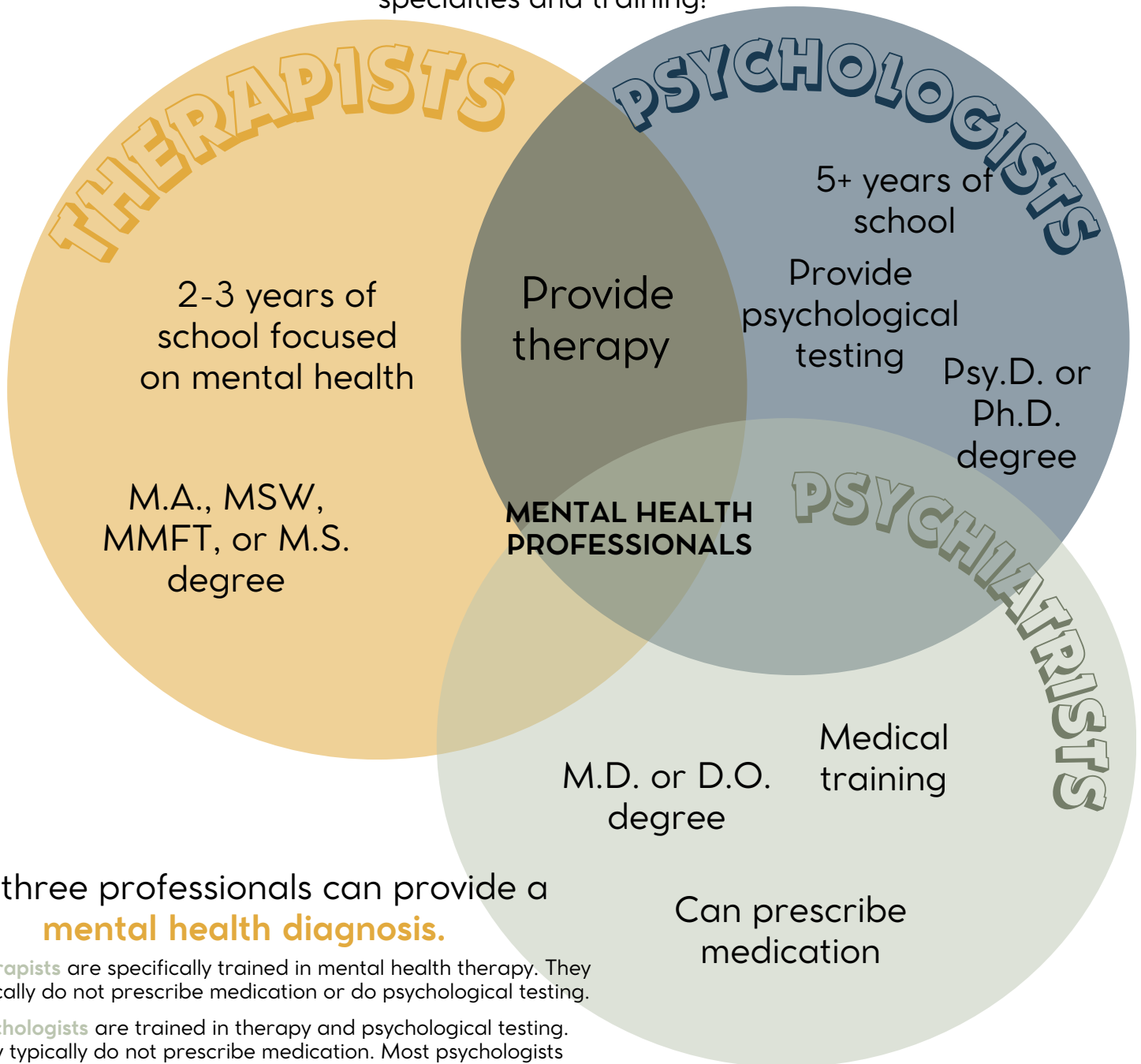




Types of Mental Health Professionals

All three categories are **mental health professionals** but offer different specialties and training!



All three professionals can provide a **mental health diagnosis**.

Therapists are specifically trained in mental health therapy. They typically do not prescribe medication or do psychological testing.

Psychologists are trained in therapy and psychological testing. They typically do not prescribe medication. Most psychologists are also therapists, but some only offer psychological testing.

Psychiatrists are medical doctors who specialize in mental health. They prescribe medication but usually don't do much therapy with clients.